



Huntly Gymnastics Club

0274 176 275

Wight Street, Huntly 3700

huntlygymnastics@gmail.com

Important guidelines for you and your child

- If your child is vulnerable to COVID-19, such as Asthma, please email us at huntlygymnastics@gmail.com with any precautions necessary to keep your child well. We will be happy to accommodate where possible.
- Huntly has an formal return to work / training plan, named "Our Plan", which is now up on our website and will be displayed in the gym for all those who wish to read it. We welcome all feedback on this document to huntlygymnastics@gmail.com and to the best of our ability will try to include suggestions.
- There will be an initial deep clean of the gym before returning to business.
- No person who is unwell is permitted in the gym.
- As per Gymnastics New Zealand and Sport New Zealand guidelines, bubbles of 10 people are permitted for each class, including the coach. In most circumstances Huntly Gymnastics will endeavour to keep the number of persons in the gym at any time to approximately 30 in total. This is well within guidelines.
- To the best of participants ability, please use toilets at home before and after your session. This is not always practical for those with longer sessions and the club will encourage good hygiene practices to our participants.
- High use / traffic areas of the gym will be disinfected before, between and after each session.
- There will be strict social distancing, and hygiene rules that will be discussed before every training and must be followed by all gymnasts.
- Drinks / food breaks will be sat in a circle 2 metres apart in the break room.
- All persons entering the club must be signed in by the supervisor on duty, for track and trace purposes.
- All persons entering the club must wash or sanitise hands immediately.
- All gymnasts will be required to wash or sanitise hands between apparatus rotations.
- Parents of caregivers running drop offs and pick ups must do so from outside the club.
- If parents and caretakers absolutely must spectate during their gymnasts class, they must inform the supervising coach on duty and must spectate upstairs in the clearly marked areas. All siblings etc must remain off equipment / railing and stay in the designated seating areas. Where possible, spectating is discouraged.
- No spotting, or shaping by coaches will be permitted under Level 2. therefore skills in which your child may be in the leaning stages of will be modified with drills or skills, rather than touching.
- Due to the materials of some of our major equipment, harsh disinfectants and cleaning products will cause damage. Following the guidelines from Gymnastics New Zealand as long as our gymnasts are sanitising hands before and after each apparatus rotation. Gymnastics New Zealand is completing further research into how we are able to move forward on this issue. Huntly Gymnastics will use diluted solutions on this equipment to ensure cleaning is taking place.



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- If injured, your gymnast will be given all usual care and treatment, please do not be concerned that staff will not step in if a child is hurt.
- If your child presents with any illness, especially flu like symptoms such as; prolonged coughing or sneezing, sore throat or fever. We will gently guide your child to a more isolated area (though not out of sight) and contact you immediately for pick up. The areas any person who presents with flu like symptoms will be immediately isolated and disinfected, if required, further guidance will be sought from the Ministry of health.
- Any person who is found to break these guidelines will be asked to please follow all guidelines in future. If any person continues to break guidelines they will be asked to leave the premises until such time commitment to the club rules is possible.